

Our Living Planet – nature & food



Daily Challenge

Can you go meat free for the day?

If you already have a mostly vegetarian diet, can you go vegan for the day or meat-free for the whole week?

Plan an action that is challenging for you

Beyond the classroom

Share this great set of [child friendly, low cost recipes by The Country Trust](#) with families so students can help cook meat-free dinners.

Well-bee-ing

It is important we protect bees - but also celebrate them!

Here are some bee-inspired activities to make everyone smile...

Waggle [dance game](#)

Watch the [Suntrap bees at work](#)

Lesson ideas

Make: a vegetarian pizza

Investigate: plot on a map which countries all the ingredients came from.

Learn: how do cattle's digestive system's work and what is methane

Communicate: Can you sum up the benefits of eating less meat in three clear points?

Research the impact of agriculture on soil and biodiversity

Lasting action

Inspire healthy, low meat diets

Provide weekly meat-free recipe ideas. This could be done in many forms:

- a booklet designed by students
- in a newsletter
- on the school website
- picked by a different class each week,
- recommendations by parents

Share your actions – @wfcouncil #WF4ClimateAction