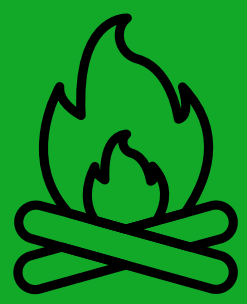




# Forest School Drop Off Days

*Guide for parents and guardians*



Scan the code or visit our website for more info:  
[thehiveintheforest.co.uk](http://thehiveintheforest.co.uk)  
020 8508 0611



# Introduction to Forest School

## *What is Forest School?*

Forest School is a form of outdoor education, based on Scandinavian principles, that is rapidly growing in popularity in the UK. Forest schools help children develop holistically by providing opportunities for child led play, discovery, and supported risk taking.

## *Benefits of Forest School*

- A deeper connection with the natural world.
- Increased understanding of safe risk taking.
- Develop patience, resilience, confidence and self-esteem.
- Increased sense of independence.
- Helps to develop social skills, language and communication.

***"I used to be afraid of the outdoors but now I'm not because it's so beautiful. I want to live here!"***



Fire Lighting



Bug hunting



Campfire Cooking



Natural Crafts



Woodworking



***Activities at  
Forest School  
are child-led  
and freely  
chosen but  
may include:***

Tree climbing



Animal tracking



Shelter building



# Forest School Kit List

## *Essential*

### All Sessions

- Long sleeves and trousers.
- Strong closed toed shoes (trainers, walking boots, wellies).
- A packed lunch.

### Cold Weather

- Layers (walm socks, thermals hats, gloves etc..).
- Waterproof coat.

### Hot Weather

- Suncream
- Sun hat

## *Optional*

- Waterproof trousers
- Spare clothing
- Snacks





*The best classroom and the richest classroom is roofed only by the sky.*

*~Margaret McMillan*

